

Kensington Junior Netball News

Autumn Season 2024 – June



Kensington Junior Netball Club
www.kjisc.com.au/netball
Kensington Flemington Junior Sports Club Inc
ABN 77 195 317 280 • Inc Assoc A0026770F

Thank You Melbourne Mavericks! • New Concussion Protocols
Spring Season Registrations • Save the Dates! GF Screening + Trivia Night
Easter Clinic • Child Safety • Courtside Conduct • Sponsors
Help Wanted • Key Dates: Autumn & Spring • Committee & Operations

Thank You Melbourne Mavericks!

After the Collingwood Magpies wound up at the end of the 2023 Super Suncorp netball season, a new team was formed – **Melbourne Mavericks**. Some big names moved to the new team, including Australian Diamonds player Amy Parmenter, English sharpshooter Eleanor Cardwell and Olivia Lewis who previously played for Melbourne Vixens.

As part of their Community Roots Grants Program, in collaboration with Cobram Estate, the Mavericks awarded Kensington Junior Netball Club a \$2,500 grant to assist with fundraising, volunteer recruitment and player retention. Additionally, we were given \$5,000 worth of ticketing to Melbourne Mavericks games!





Here are our teams from our 15&U and 13&U players attending the games. Our 17&U teams are attending Round 8, and NetSetGO teams in Round 10.



In addition to attending some home games, the club was given the opportunity to take part in the NSG Little Leader and the 11&Us playing a quick game at half time at centre court at John Cain Arena.

Please show our appreciation by supporting Mavericks (along with the Vixens) if you can!

New Concussion Protocols

The danger of concussion in kids' sport has become better understood in recent years. Netball, along with many other sports, has adopted a new 21-day protocol from the Australian Institute of Sport.

The protocol highlights that kids with even a mild concussion be given time to recover before they're exposed to a potential second head impact.

For this reason, **parents should advise all relevant organisations** – including their school and all

Concussion on Court



Recognise

- Unconscious
- Balance issues
- Severe headache
- Fatigue
- Irritable or emotional
- Vomiting
- Dizziness
- Feeling 'foggy'



Remove

If concussion is suspected, remove the player from the training or game immediately, to a safe and quiet place.

"IF IN DOUBT, SIT THEM OUT"



Refer

- Refer all suspected concussions to a Doctor as soon as possible.
- Work with your Doctor to develop a management plan



sports clubs – when their child:

1. suffers a forceful collision/knock to the head, or to the body that transmits force to the head, or shows visual signs of a head injury;

and:

2. reports or displays any concussion symptoms

Following a suspected concussion, children cannot play until cleared by a medical practitioner, and will then undergo a graduated return:

- **non-contact training** after 7 days symptom-free
- **full contact training** after 14 days symptom-free
- **competitive matches** after 21 days symptom-free

Spring Season Registrations

The Autumn season is almost over, and Spring is on the way! Next season commences on July 16th (for Tuesday teams), July 18th (for Thursday teams), and July 20th (for Saturday teams).

It's almost time to register for Spring. Registrations will open soon, and **close on June 23rd.**

It's essential to register before closing, as we have a waitlist at most levels.

Registration details will be sent to all families shortly.

[Registrations FAQ](#)

See Page 9 of this Newsletter for Key Dates: Spring Season 2024

Registrar

Pilar Abou Haila
kjnc.registrar@gmail.com



Save the Dates! SSN Grand Final Screening + Trivia Night

Two exciting club social events are on the horizon – put them in your calendar now!

Call for Volunteers! You can help us greatly by sharing a little of your time: Contribute brainpower with ideas & planning, or muscle with setup & cleaning. Please email Katherine Sheedy at ksheedy@waybackwhen.com.au

Screening of Super Netball Grand Final – Sat August 3rd

An evening of fun and sporting excitement at the Flemington Bowls Club with the big game on the big screen, plus a few special activities. Suitable for families and kids of all ages.



Trivia Night – Sat October 12th

A gripping contest of knowledge and wit, hosted by our own Joshua Cowie at the Flemington Bowls Club.

Details to come!



Easter Clinic

Our enterprising coaches never stop working! At the end of the Easter holidays, Rebecca Urban led a band of our coaches at a Specialist Clinic focused on position-specific training.



Child Safety

It's important that everyone know who they can talk to if they have an issue or concern. We're committed to running a safe, inclusive club for everyone.

Child Safety Officer	Keryn Coster keryncoster@me.com
Complaints Officer	Rachel Thomson rethomson82@hotmail.com

Courtside Conduct: A Letter From KFJSC



Junior Sports Club

President/ Secretary: Richard Reilly
Treasurer: Deanne Hocking

PO Box 43, Flemington VIC 3031
www.kfjsc.com.au
ABN 77 195 317 280 Inc Assoc A0026770F

19 May 2024

Dear KFJSC Parents

I am the president of the Kensington Flemington Junior Sports Club Incorporated (KFJSC). By way of introduction, the KFJSC is comprised of five junior sports clubs:

- Kensington Junior Netball Club.
- Flemington Junior Football Club
- Kensington Junior Basketball Club
- Kensington Junior Cricket Club
- Kensington Junior Soccer Club

I wish to raise an issue of great importance to our entire Club community.

The Committee has recently been notified that a small number of parents have been behaving very poorly at games involving their children. This has caused distress to participating children and other parents. KFJSC is very proud of its culture of respect, inclusiveness and sportsmanship, which we've built up over many years. I draw your attention to the Club's [Codes of Conduct for Coaches, Players, Volunteers, Parents, Supporters and Officials](#) which outlines the Club's expectations on parental behaviour.

Our Club does not condone abusive or aggressive parental behaviour, which is unwarranted and sets an inappropriate example for our children. It also reflects poorly on our Club. I am asking that all parents that attend games support their children in a positive and respectful manner.

Yours sincerely,

A handwritten signature in blue ink that reads "Richard Reilly".

Richard Reilly
President – Kensington Flemington Junior Sports Club



Sponsors

Know a business that wants to show off its community connections to hundreds of local families? Maybe they'd like to become a sponsor! Let us know.

President

Max Barry

kjnc.president@gmail.com

Help Wanted!

Why not check out our...

Club Task List

Currently Especially Seeking:

Events Helpers

Help organise our SSN Grand Final Screening and Trivia Night events!

Secretary (KFJSC)

The Kensington Flemington Junior Sports Club Incorporated has five sports, including netball. It currently needs a Secretary. You will attend four meetings per year.

Contact kjnc.president@gmail.com

Nelson
Alexander



Key Dates – Autumn



NETBALL KEY DATES AUTUMN 2024

SATURDAY @ PARKVILLE

REGULAR ROUNDS: FEB 3 – JUN 15
FINALS (13&U, 15&U): JUN 22, 29
EXTRA 2 ROUNDS (11&U, NSG)

BREAKS: MAR 9, 30, APR 6, 13, JUN 8

TUESDAY NIGHT 17&U @ RIVERSIDE

REGULAR ROUNDS: JAN 30 – JUN 4
FINALS: JUN 11, 18, 25
BREAKS: APR 2, 9



THURSDAY NIGHT 15&U @ RIVERSIDE

REGULAR ROUNDS:
FEB 1 – JUN 6
FINALS: JUN 13, 20, 27
BREAKS: APR 4, 11, 25

THURSDAY NIGHT 13&U @ RIVERSIDE

ROUNDS: FEB 8 – JUN 27
BREAKS: APR 4, 11, 25

Kensington Junior Netball Club

We're run by parents who volunteer their time.

We follow a code of conduct, extending respect and positivity to every player, umpire, opponent and official.

Our core values:

- RESPECT INCLUSION FAIR PLAY POSITIVITY IMPROVEMENT

Nelson
Alexander



Key Dates – Spring



NETBALL KEY DATES SPRING 2024

SATURDAYS @ PARKVILLE

REGULAR ROUNDS: JUL 20 – NOV 23
FINALS (13&U, 15&U): NOV 30, DEC 7
EXTRA 2 ROUNDS (11&U, NSG)

BREAKS: 21/9, 28/9, 5/10, 2/11

TUESDAYS 17&U @ RIVERSIDE

REGULAR ROUNDS: JUL 16 – NOV 26
FINALS: DEC 3, 10
BREAKS: 24/9, 1/10, 5/11



THURSDAYS 15&U @ RIVERSIDE

REGULAR ROUNDS:
JUL 18 – NOV 21
FINALS: NOV 28, DEC 5
BREAKS: 26/9, 3/10

THURSDAYS (EDNA) 13&U, 11&U @ RIVERSIDE

TBA

KENSINGTON JUNIOR NETBALL CLUB

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We follow a code of conduct, extending respect and positivity to every player, umpire, opponent and official.

RESPECT INCLUSION FAIR PLAY POSITIVITY IMPROVEMENT

Nelson Alexander



KJNC Committee & Operations

President	Max Barry kjnc.president@gmail.com
Secretary	Michelle Foster kfjnc.secretary@gmail.com
Treasurer	Drew Anderson kjnc.treasurer@gmail.com
Complaints Officer / Team Manager Co-ordinator	Rachel Thomson rethomson82@hotmail.com
Registrar	Pilar Abou Haila kjnc.registrar@gmail.com
Child Safety Officer	Keryn Coster keryncoster@me.com
Coach Co-ordinator	Leigh McHenry nsg.kfjnc@gmail.com
Umpire Co-ordinators	Naomi Fennell & Shane Healey
Uniforms Co-ordinator	Sue Williams sue.williams.au@gmail.com

Kensington Junior Netball Club is part of the **Kensington Flemington Junior Sports Club Inc**, a not-for-profit incorporated sports association that exists in order to:

- be a community based junior sports club run primarily by parents for the development and enjoyment of young people;
- provide an environment that is safe, friendly and inclusive for all;
- create a culture that:
 - seeks to positively develop all players' self-esteem;
 - emphasises the primacy of learning co-operative skills within a team environment;
 - promotes a sense of good sportsmanship and respect for others;
 - ensures that participation in the Club is accessible to all regardless of gender, ability or background;
 - encourages all players to develop their sporting skills to their fullest potential;
 - promotes active, healthy living amongst young people;
 - facilitates the fielding of teams that are competitive, disciplined and well drilled.

www.kfjnc.com.au/netball